



**Puglia in movimento**  
**energia rinnovabile** **mobilità sostenibile**



**Puglia in movimento srl**

energia rinnovabile & mobilità sostenibile

## **GUIDED BIKETOUR 10 DAYS FROM MATERA TO SALENTO**

### **Specific items (from 1 to 5)**

Art and culture: 4

Landscape: 4

Sport: 4

Gastronomy: 2

Relax: 2

Difficulty: 3

### **Main info**

Booking deadline: within 30 days before departure

Journey time: 10 days, 9 night, 7 days on bike

Place: Italy > Puglia > Matera – Murgia dei Trulli – Valle d'Itria – Salento

### **Itinerary exposition**

The tour is divided into 9 stages of which the first and the fifth day are provided exclusively walking routes to the view of Matera and Lecce, seven days include a bicycle tour traveling with an average of 60 km / day and only for a stretch there is a transfer by train. The roads are mostly secondary low traffic, some stretches medium traffic, some road in countryside traffic almost nonexistent. The fund is mostly asphalted, except for some dirt or gravel. The development is half with ascent and descent of mid-level and mid-downs in plain and light, the path is suitable for people who love biking trails and preferably trained.

### **Tour description**

A fascinating journey to live most of the treasures of Puglia. Leave from the wonderful city of Matera Sassi to have been built literally in the tuff, the city is a World Heritage Site. We will continue to turn the area south-east of Bari and the Itria Valley in particular know the town of Alberobello is famous for its fascinating trulli, small conical houses are unique to their kind, even this city is Unesco heritage, will also visit the nearby Polignano a Mare with its terraces overlooking the sea and we will dive into the bowels of the earth for a great trip in the caves of Castellana, we will also be Locorotondo here and we will taste the local wines, especially the famous white Locorotondo, then head towards Cisternino and Ostuni called the White City for the whiteness of the walls. After this we will move in Salento by train to visit Lecce, Otranto and Gallipoli as well as all one series of small villages and places of natural interest.

You will make an unforgettable journey through the olive trees, meadows, vineyards and the sea on the sandy shores and cliffs, memories that will fix forever in your mind until next return.

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Sede legale: Via Montesano 58 – Capurso (Ba) tel +39 327 8240564

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## **PLAN**

### **1° day – no bike**

*Independent arrival in Matera in the hotel  
meeting ore 15.00 briefing, bike fitting*

*lodging Matera*

### **2° day – 70 km**

*Matera > Alberobello*

*Starting h 8:30 — trail with descent and ascent, medium*

*lodging Alberobello*

### **3° day — 45 km**

*Alberobello > Castellana grotte > Polignano > Monopoli*

*Starting h 8:30 — trail with ascent and flat, simple*

*lodging Monopoli*

### **4° day – 60 km**

*Monopoli > Egnathia > Locorotondo > Cisternino > Ostuni*

*Starting h 8:30 — trail with flat and ascent, medium*

*lodging Ostuni*

### **5° day — no bike**

*Ostuni > transfer by train > Lecce*

*lodging Lecce*

### **6° day — 45 km**

*Lecce > Acaya > Torre dell'Orso > Laghi Alimini > Otranto*

*Starting h 8:30 — trail flat, simple*

*lodging Otranto*

### **7° day — 50 km**

*Otranto > Cava Bauxite > Castro > S. Cesarea Terme > Tricase Porto > S.M. Leuca*

*Starting h 8:30 — trail with ascent and descent, medium*

*lodging Leuca*

### **8° day — 55 km**

*Leuca > Acquarica del Capo > Torre S. Giovanni > Gallipoli*

*Starting h 8:30 — trail with ascent, descente and flat, simple*

*lodging Gallipoli*

### **9° day — 60 km**

*Gallipoli > Porto Selvaggio > Leverano > Lecce*

*Starting h 8:30 — trail with ascent and flat, simple*

*lodging Lecce*

### **10° day — no bike**

*Lecce*

*breakfast, end of holiday or extension*

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## **PRICES AND CONDITIONS**

### **Prices per person**

email [energia@pugliainmovimento.com](mailto:energia@pugliainmovimento.com)

### **Included**

All accommodations in hotel 4\* with breakfasts.  
Bike rental Specialized (or similar brand).  
Ortlieb bags, one handlebar and one side.  
Kit safety and repair tools.  
Tutor accompanying person on the bike for the whole journey (English language).  
Car assistance (not traveling with tour).  
Transfer luggage from hotel to hotel.  
Medical and luggage insurance.  
Guided rickshaw tour of Lecce (if unavailable, walking tour)  
Guided visit, activities and tasting as indicates in "activities included" (see below).

### **Activities included**

1° day

- Guided tour of Matera

3° day

- Ticket for Castellana's caves.

4° day

- Visit to the park of secular olive trees and oil mill hypogeum with tasting in masseria in Ostuni

5° day

- Guided tour by rickshaw in Lecce (or if not available walking tour)
- Wine tasting and typical products in Lecce

7° day

- Ticket for Zinzulusa's cave in Castro

8° day

- Workshops of straw baskets to Acquarica

9° day

- Visit and wine tasting at the winery Conti Zecca in Leverano

### **Not included**

Meals as examples lunches, packed lunches and dinners.  
Any taxes where applicable.  
Picking from airports and returns.

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### **Info, reservation and cancellation**

The program described above is indicative and describes the ideal days. Some activities or visits even if indicated may not be available depending on the time, weather conditions and availability of people. For more details please send email to request specific information at [ciclotour@pugliainmovimento.com](mailto:ciclotour@pugliainmovimento.com). They can also participate minors with minimum height 155 cm and a minimum age of 12 years, cyclists self-sufficient and are accompanied by adult who takes responsibility. Reservations must be made within 30 days of departure by paying 200 Euro per participant. The balance must be paid on confirmation of the tour and within 30 days of departure are therefore considered validated the reservation. Cancellation of the booking can be made within 30 days from the date of the tour chosen and gives the right to compensation of 80% of the amount paid. Cancellation of the booking done less than 30 days from the departure date of the booked tour, does not entitle to a refund of the money. Any special needs organizational, logistical or bad weather may dictate changes to the tour or alternate strokes. It's also possible that some parts of the program are deleted. In all these cases "Puglia in movimento srl" will not be obliged to reimburse the costs of activities not carried out or to notify the customer in advance. The reserved period can be moved to another date as long agreed with the availability of the company "Puglia in movimento srl". The replacement of a participant is possible if agreed with the company "Puglia in movimento srl". In case of cancellation of the trip by the participants is necessary to send email to [energia@pugliainmovimento.com](mailto:energia@pugliainmovimento.com) requesting the appropriate form that will be completed and returned signed by attaching a copy of the identity document of the applicant. Any refund will be made to the same code iban from which happened payment. The customer (hotel or tour operator) subscriber service bike tour is the single point of contact for the company "Puglia in movimento srl" and therefore has to always be available to meet any needs necessary to the unfolding of the preparative stages of the tour.

### **Technical coordination**

ACCOMODATIONS TeoViaggi Tour operator – via degli Svevi, 2 Conversano (Ba), tel +39 0804959443 email [info@teoviaggi.it](mailto:info@teoviaggi.it)

BIKE SERVICE and TUTOR Puglia in movimento srl, via montesano 58 Capurso (Ba), tel +39 3278240564.

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